

Study	Trial characteristics	Inclusion criteria	Exclusion criteria	Dosing schedules	ITT definition Numbers in trial	Measurements	Duration	Patient characteristics	Oxford quality score	Withdrawals	Efficacy Hb	Efficacy ferritin, TSAT, and reticulocytes	Adverse events
Kidney disease													
1VIT04004 [44] Qunibi et al. Nephrol Dial Transplant 2010 doi: 10.1093/ndt/gra613 [45]	Open-label, multicenter, randomized, active-control, parallel group study  Patients with non-dialysis dependent CKD who required iron supplementation  Stratification by degree of renal function impairment and baseline Hb level	Criteria for randomisation included a hemoglobin $\leq$ 11.0 g/dL (on two occasions within a week), TSAT $\leq$ 25%, ferritin $\leq$ 300 ng/mL, a fixed dose of EPO x 8 weeks (a dose of 0 was permitted) and no parenteral iron for 12 weeks GFR $\leq$ 45 mL/min/1.73 sqm Age $\geq$ 12 years, male or female EPO remained unchanged after randomisation	Hypersensitivity to ferrous sulphate or FCM Other types of anaemia or untreated B12 or folate deficiency Fe storage disorder Recent parenteral iron or blood transfusion, or recent significant blood loss History of gastrointestinal problems with oral iron Current treatment for bronchospasm Use of myelosuppressive medicines Other serious chronic illness and/or recent exacerbation or acute illness or surgery within one month of randomisation Recent parenteral iron or blood transfusion, or recent significant blood loss	1 FCM 1,000 mg IV over 15 minutes day 0, with 500 mg at day 17 and/or day 31 if needed (at baseline maximum dose was 15 mg/kg if weight below 66 kg) 2 Ferrous sulfate as 325 mg tablets (65 mg elemental iron) orally three times daily with 8 ounces of tap water, 1 hour before meals. Total dose of iron received: FCM = 1218 $\pm$ 333 mg (median 1000 mg) Oral iron = 9332 $\pm$ 2638 mg (median 10338 mg)	ITT defined as patients who • received at least 1 dose of randomized study medication, • had stable EPO for at least 8 weeks before randomization, • had at least 1 post-baseline hemoglobin assessment, and • had NDD-CKD characterized by a GFR $\leq$ 45 mL/min/1.73 sqm FCM = 152 randomised, 144 ITT Oral iron = 103 randomised, 101 ITT	Hb increase $\geq$ 10 g/L Hb increase $\geq$ 10 g/L plus ferritin increase $\geq$ 160 $\mu$ g/L Various combinations, in EPO and non-EPO patients, and adverse events	Treatment phase 8 weeks, with maximum 27 weeks  Visits on days 0, 14, 28, 43, and 56 after randomisation  Baseline Hb - median 103 g/L (range 76-111); 39% $\leq$ 100 Ferritin - median 90 $\mu$ g/L (range 2-301); 52% $<$ 100 TSAT - median 15.5% (range 3.5-25), 76% $\geq$ 20%	Randomisation = 2 Double blind = 0 Withdrawals = 1 Total = 3/5	All cause FCM = 13/152 Oral iron = 19/103  Adverse event FCM = 4/152 Oral iron = 3/103  Lack of efficacy (EPO, transfusion) FCM = 6/152 Oral iron = 7/103	At some time during study period Hb increase $\geq$ 10 g/L at some time FCM = 87/144 Oral iron = 35/101  Hb increase $\geq$ 10 g/L plus ferritin increase $\geq$ 160 $\mu$ g/L FCM = 87/144 Oral iron = 0/101  Mean Hb change from baseline to day 56/end of study FCM = 10 $\pm$ 11 g/L Oral iron = 7 $\pm$ 13 g/L	Ferritin - mean increase by day 56 FCM = 359 $\pm$ 178 $\mu$ g/L Oral iron = 26 $\pm$ 49 $\mu$ g/L  TSAT - mean increase by day 56 FCM = 12 $\pm$ 8.8% Oral iron = 7.0 $\pm$ 10.3%  Reticulocytes - mean change to day 56 FCM = -0.1 $\pm$ 0.7 % Oral iron = 0.01 $\pm$ 0.06% (NB all $\geq$ 2 weeks after iv dosing)	At least 1 adverse event FCM = 64/147 Oral iron = 61/103  Death FCM = 2 (prostate cancer, trauma) Oral iron = 0  Serious adverse events FCM = 13/147 Oral iron = 10/103 (none considered drug related)  Hypotension FCM = 5/147 Oral iron = 0/103 (NB all $\geq$ 2 weeks after IV dosing)	
1VIT04005 [46]	Open, non randomised extension study of VIT04004	Patient completing VIT04004, and those discontinuing because of use or change in use of EPO, or nonprotocol use of iron	As VIT04004 except for treatment with trial drug	Dosing schedule depending on previous scheduled visit results  For TSAT $\geq$ 30% and ferritin $\geq$ 500 $\mu$ g/L, no FCM For TSAT $<$ 25% and ferritin $<$ 300 $\mu$ g/L, maximum dose of FCM 1,000 mg (15 mg/kg to 66 kg) Others, maximum FCM 500 mg (15 mg/kg to maximum 500 mg) administered within one week	145 enrolled 127 at least 1 dose FCM in the extension was efficacy ITT 140 with FCM in either trial formed safety ITT	Clinical success - Hb $\geq$ 110 g/L, TSAT 30-50%, ferritin 100-800 $\mu$ g/L Sustained success - clinical success on more than 50% of visits	Up to 306 days	Age - median 66 years (range 29-90) Women - 67% Caucasian - 52% Black - 27% Other - 21% All had concomitant medical conditions, and all received concomitant medications  Baseline Hb - median 105 g/L (range 76-134); 40% $\leq$ 100 Ferritin - median 99 $\mu$ g/L (range 6-370); 64% $<$ 100 TSAT - median 18% (range 3.4-29), 83% $\geq$ 20	Not applicable	All cause FCM = 41/145  Adverse event FCM = 3/145  Lack of efficacy (EPO, transfusion) FCM = 7/145	Clinical success 72/140 Sustained success 14/140  Mean Hb increase - 19 g/L increase from baseline to highest Hb; 88% $\geq$ 110 g/L  No meaningful changes in reticulocyte count about 1.5%	Mean ferritin increase - 745 $\mu$ g/L increase from baseline to highest ferritin; 99% in range 100-800 $\mu$ g/L  Mean TSAT increase - 20% increase from baseline to highest TSAT; 76% in range 30-50%	At least 1 adverse event FCM = 84/127  Death FCM = 2 (prerforation secondary to diverticulitis, GI bleed following laparoscopy)  Serious adverse events FCM = 23/127 (none considered drug related)  Hypotension FCM = 2/127 (both at $\geq$ 14 days post IV dosing)

VIT-IV-CL-015 [47]	Open-label, multicenter, randomized, active-control, parallel group study Patients on dialysis or haemofiltration secondary to chronic renal failure who required iron supplementation Stratification by degree of renal function and Hb level	Either sex, aged 18-80 years, with iron deficiency secondary to chronic renal failure requiring dialysis Hb $\leq 115$ g/L AND serum ferritin $< 200$ $\mu$ g/L OR TSAT $< 20\%$ EPO stable for at least 8 weeks if used	Hypersensitivity to either treatment Other types of anaemia or untreated B12 or folate deficiency Recent parenteral iron or blood transfusion, or recent significant blood loss Significant cardiovascular disease, congestive heart failure, or poorly controlled hypertension Recent treatment with investigational drugs	Dosing was 2-3 times weekly at dialysis until individual calculated dose was reached. FCM (50 mg/mL iron) IV directly into haemodialysis venous line 1 hour after start of session Venofer (iron sucrose; 20 mg/mL iron) injected over 10 minutes	240 randomised patients 237 received at least one dose of study drug (safety) 234 received one dose and provided data (ITT)  FCM = 119 safety Venofer = 118 safety FCM = 118 ITT Venofer = 116 ITT FCM = 97 PP Venofer = 86 PP	Hb increase $\geq 10$ g/L Clinical success: Hb increase $\geq 110$ g/L (where baseline $\leq 100$ g/L) or $\geq 120$ g/L (where baseline $> 100$ g/L); ferritin 200-800 $\mu$ g/L; TSAT 20-50%	Four weeks	Provided for PP only: Mean age 52 years (range 22-80) Women - 43% Caucasian - 98% 99% had other medical conditions 39% on EPO Mean iron deficit 1390 mg  Hv $\leq 100$ g/L - 68%	Randomisation = 2 Double blind = 0 Withdrawals = 1 Total = 3/5	All cause FCM = 9/119 Venofer = 16/118  Adverse event FCM = 2/119 Venofer = 7/118  Lack of efficacy (EPO, transfusion) FCM = 0/119 Venofer = 0/118	Increase of $\geq 10$ g/L at 4 weeks FCM = 52/118 Venofer = 41/116  Mean maximum Hb increase FCM = 14 g/L Venofer = 11 g/L  Clinical success (Hb $\geq 110/120$ g/L, PP) FCM = 24/97 Venofer = 9/86	Maximum ferritin increase FCM = 714 $\mu$ g/L Venofer = 520 $\mu$ g/L  Ferritin 200-800 $\mu$ g/L at week 4 FCM = 64/97 Venofer = 65/86  Maximum TSAT increase FCM = 32% Venofer = 20%  TSAT 20-50% at week 4 FCM = 64/97 Venofer = 56/86	At least 1 adverse event FCM = 51/119 Venofer = 47/118  Death FCM = 1/119 (AMI, after withdrawal) Venofer = 0/118  Serious adverse events FCM = 6/119 Venofer = 8/118  Hypotension FCM = 12/119 Venofer = 12/118	
53214 [48] Covic & Mircescu. Nephrol Dial Transplant 2010 25: 2722-2730 [49]	Open, non randomised, non comparative study Patients having maintenance haemodialysis	Either sex, aged 18-65 years, having 2 or 3 haemodialysis sessions a week Clinically stable Hb $\leq 110$ g/L AND serum ferritin $< 200$ $\mu$ g/L OR TSAT $< 20\%$ No new EPO within one month, and/or stable dosing	Hypersensitivity Other types of anaemia or untreated B12 or folate deficiency Recent parenteral iron or blood transfusion, or recent significant blood loss Recent treatment with investigational drug	Patients received 200 mg FCM 2 or 3 times per week during each haemodialysis session Maximum dose 2,400 mg Target Hb 150 g/L	162 patients enrolled and received drug, with 150 completing	Various haematological variables	10 weeks	Mean age 45 years (range 18-65) Women - 44% Caucasian - 69% Black/mixed - 28%	Not applicable	17 all cause discontinuations 5 AE discontinuations 2 Lack of efficacy (additional iron preparations)	Mean final Hb increase 10 g/L  73% and 82% Hb increase of $\geq 10$ g/L 2 and 4 weeks after final treatment	Mean final 2 weeks after final treatment ferritin increase 403 $\mu$ g/L  Mean final 2 weeks after final treatment TSAT increase 16%	At least 1 AE 89/162 Death 2/162 (pulmonary tuberculosis, acute heart failure) Serious AE 12/162 Hypotension 8/162	
Postpartum anaemia and heavy uterine bleeding														
VIT-IV-CL-009 [50] Breyman et al. Int J Gynecol Obstet 2008 101: 67-73 [51]	Open-label, multicenter, randomized, active-control, parallel group study Women with postpartum anaemia Stratification by country and level of anaemia	Women aged $\geq 18$ years with postpartum anaemia within 6 days of delivery Hb $\leq 105$ g/L (average of two samples of separate days) Women with postpartum anaemia Stratification by country and level of anaemia	Transfusion, EPO, or parenteral iron within 30 days Hypersensitivity to therapies Other types of anaemia or untreated B12 or folate deficiency Iron storage disorder Other serious illness	FCM given as IV infusion to maximum of 1,000 mg iron per infusion Infusions on Day 1, 8 and 15 to achieve individual iron requirement Oral ferrous sulphate 100 mg minimum of one hour before food, twice daily for 12 weeks  Total dose of iron received: FCM = 1347 (range 600-2200 mg)	349 patients randomised, and 344 received at least one dose of study drug (ITT definition)  FCM = 227 Oral iron = 117  Some data reported as per protocol, n = 268	Hb, ferritin, and TSAT and change over time Target values were Hb - 120-160 g/L; ferritin - 50-800 $\mu$ g/L; TSAT - 20-50%  Transfusion requirement	Up to 12 weeks	Age - mean 28 years (range 18-44) Caucasian - 99% Gestational age 39 weeks  Baseline Hb - mean 96 g/L (range 52-145) Ferritin - mean 38 $\mu$ g/L (range 0-605) TSAT - mean 12% (range 2-54)  Individual iron deficit FCM = 1,370 $\pm$ 182 mg Oral iron = 1,384 $\pm$ 186 mg	Randomisation = 2 Double blind = 0 Withdrawals = 1 Total = 3/5  Adverse event FCM = 3/227 Oral iron = 1/117  Lack of efficacy (EPO, transfusion) FCM = 0/227 Oral iron = 0/117	All cause FCM = 29/227 Oral iron = 15/117  Adverse event FCM = 3/227 Oral iron = 1/117	Hb responders (week 12) FCM = 152/179 Oral iron = 73/89  Mean Hb change (week 12) FCM = 34 $\pm$ 18 g/L Oral iron = 33 $\pm$ 17 g/L	Ferritin responders (week 12) FCM = 139/179 Oral iron = 29/89  TSAT responders (week 12) FCM = 139/179 Oral iron = 59/89  Mean ferritin change (week 12) FCM = 124 $\pm$ 126 $\mu$ g/L Oral iron = 11 $\pm$ 39 $\mu$ g/L  Mean TSAT change (week 12) FCM = 23 $\pm$ 17% Oral iron = 14 $\pm$ 14%	At least 1 adverse event FCM = 59/227 Oral iron = 26/117  Death FCM = 0/227 Oral iron = 0/117  Serious adverse events FCM = 2/227 Oral iron = 0/117  Hypotension FCM = 1/227 Oral iron = 0/117 (1 hour after first IV dose)	
1VIT06011 [52] Seid et al. Am J Obstet Gynecol 2008 199:435.e1-435.e7 [53]	Open-label, multicenter, randomized, active-control, parallel group study Women with postpartum anaemia Stratification level of anaemia (Hb and ferritin)	Women with postpartum anaemia within 10 days of delivery Hb $\leq 100$ g/L (average of two samples) Ferritin $< 100$ $\mu$ g/L	Ferritin $> 100$ $\mu$ g/L GI problems with iron products Hypersensitivity to therapies Other types of anaemia or untreated B12 or folate deficiency Significant recent vaginal bleeding Other serious illness	FCM given as slow IV injection where iron dose $\leq 500$ mg, and slow IV injection or infusion over 15 minutes where dose was 600-1000 mg. Dosing was based on calculated iron deficit, and continued at weekly intervals Oral ferrous sulphate 325 mg three times a day for 6 weeks  Total dose of iron received: FCM = 1503 $\pm$ 384 mg (median 1500 mg) Oral iron = 7906 $\pm$ 981 mg (median 8190 mg)	The ITT population was defined as all randomised subjects who had postpartum anaemia characterised by an average of 2 baseline central laboratory Hb values $< 110$ g/L.  FCM = 143 Oral iron = 148	Hb increase $\geq 30$ g/L at any time Sustained success - Hb of $> 120$ g/L at end of study Change in Hb, ferritin, TSAT	Six weeks	Age - mean 26 years (range 16-43) Caucasian - 69% Blood loss on delivery 770 mL (range 600-1500 mL)  Baseline Hb - mean 89 g/L (range 57-104) Ferritin - mean 24 $\mu$ g/L (range 4-124) TSAT - mean 9% (range 2-28)	Randomisation = 2 Double blind = 0 Withdrawals = 1 Total = 3/5  Adverse event FCM = 0/143 Oral iron = 0/148  Lack of efficacy (EPO, transfusion) FCM = 1/143 Oral iron = 1/148	All cause FCM = 4/143 Oral iron = 3/148  Adverse event FCM = 0/143 Oral iron = 0/148	Hb responders ( $\geq 120$ g/L at any time) FCM = 127/143 Oral iron = 98/148  Increase in Hb $\geq 30$ g/L at any time FCM = 127/139 Oral iron = 95/147  Sustained success FCM = 117/137 Oral iron = 83/143  Success plus ferritin change $\geq 160$ $\mu$ g/L any time FCM = 127/139 Oral iron = 0/147  Mean Hb change week 6 FCM = 40 $\pm$ 11 g/L	Mean ferritin change (week 6) FCM = 226 $\pm$ 118 $\mu$ g/L Oral iron = 3 $\pm$ 20 $\mu$ g/L  Mean TSAT change (week 6) FCM = 29 $\pm$ 12% Oral iron = 17 $\pm$ 18%  Hypotension FCM = 1/142 Oral iron = 0/147	At least 1 adverse event FCM = 65/142 Oral iron = 83/147  Death FCM = 0/142 Oral iron = 0/147  Serious adverse events FCM = 4/142 Oral iron = 4/147  Hypotension FCM = 1/142 Oral iron = 0/147	

1VIT04002 1VIT04003 [54] Van Wyck et al. Transfusion 2009 49: 2719-2728 [41]	Open-label, multicenter, randomized, active- control, parallel groupstudy Women with anaemia due to heavy uterine bleeding Stratification level of anaemia and severity of uterine blood loss	Women aged ≥18 years Hb - average of two samples below 110 g/L, ferritin ≤100 µg/L, TSAT ≤25% Heavy uterine bleeding for 6 months: • Inability to control with tampons alone • Excessive use of pads or tampons • Passage of clots • Period duration >7 days	Hypersensitivity to therapies Blood transfusion or parenteral iron within 8 weeks EPO within 8 weeks or during study Other types of anaemia or untreated B12 or folate deficiency Fe storage disorder Medication likely to affect vaginal bleeding, or insertion intrauterine contraceptive device, within 8-12 weeks Significant recent vaginal bleeding Other serious illness Current treatment for asthma	FCM given as slow IV undiluted injection <i>push</i> where iron dose ≤200 mg, and slow IV infusion over 6 or 15 minutes where dose was 300-1000 mg. Dosing was based on calculated iron deficit, and continued at weekly intervals Oral ferrous sulphate 325 mg three times a day for 6 weeks  Total dose of iron received: FCM = 1568 ± 422 mg (median 1500) Oral iron = 7302 ± 1937 mg (median 7995)	477 women randomised 456 randomised and received at least one dose  FCM = 230 Oral iron = 225  Completers (per protocol) FCM = 211 Oral iron = 212	Success defined as increase of Hb from baseline of 20 g/L at any time Change in Hb, ferritin, TSAT Combinations of success based on change in Hb, ferritin, and TSAT	Six weeks	Age - mean 39 years (range 18-54) Severe or very severe bleeding - 58% Black - 48% Caucasian - 27% Hispanic - 22%  Baseline Hb - mean 94 g/L (range 49-111); 50% <95 g/L Ferritin - mean 7 µg/L (range 1-82) TSAT - mean 6% (range 1- 25)	Randomisation = 2 Double blind = 0 Withdrawals = 1 Total = 3/5	All cause FCM = 19/230 Oral iron = 14/226  Adverse event FCM = 2/230 Oral iron = 3/226  Lack of efficacy (EPO, transfusion) FCM = 1/230 Oral iron = 0/226	Hb responders (≥120 g/L at any time) FCM = 166/228 Oral iron = 112/225  Hb increase ≥20 g/L at any time FCM = 187/228 Oral iron = 139/225  Increase in Hb ≥30 g/L at any time FCM = 121/228 Oral iron = 80/225  Success plus ferritin change ≥160 µg/L any time FCM = 186/228 Oral iron = 0/225  Mean change in Hb at any time FCM 33 ± 15 g/L Oral iron 26 ± 16 g/L	Mean ferritin change (week 6) FCM = 175 ± 133 µg/L Oral iron = 17 ± 17 µg/L  Mean TSAT change (week 6) FCM = 19 ± 8% Oral iron = 19 ± 22%  Reticulocytes - mean change to week 6 FCM = -0.2 ± 1.3 % Oral iron = 0.01 ± 1.1%	At least 1 adverse event FCM = 157/230 Oral iron = 149/226  Death FCM = 0/230 Oral iron = 0/226  Serious adverse events FCM = 3/230 Oral iron = 3/226  Hypotension FCM = 0/230 Oral iron = 0/226
Van Wyck et al. Obst & Gynecol 2007 110:267- 278 [55]	Open-label, multicenter, randomized, active- control, parallel group study Women with postpartum anaemia Stratification level of anaemia (Hb and ferritin)	Women with postpartum anaemia within 10 days of delivery Hb ≤100 g/L	Ferritin >500 µg/L TSAT ≥50% GI problems with iron products Hypersensitivity to therapies Other types of anaemia or untreated B12 or folate deficiency Significant recent vaginal bleeding Other serious illness EPO within 3 months	FCM given to calculated iron deficit at 15 mg/kg, not exceeding 1000 mg a day, with subsequent doses one week later, IV over 1-15 minutes, depending on volume Oral iron 325 mg tablets three times daily (195 mg iron)  Total dose of iron received: FCM = 1403 Oral iron = 6764	ITT (randomised and one dose of medication) = 352  FCM = 174 Oral iron = 178  Number with dose and measurements FCM = 169 Oral iron = 168	Patient with ≥20 g/L increase in Hb Patients with Hb ≥120 g/L Hb increase of ≥20 g/L and ferritin increase ≥160 µg/L	Six weeks	Age - mean 26 years Caucasian - 83%  Baseline Hb - mean 90 ± 10 g/L Ferritin - mean 24 ± 30 µg/L TSAT - mean 10 ± 6%	Randomisation = 1 Double blind = 0 Withdrawals = 1 Total = 2/5	All cause FCM = 9/174 Oral iron = 16/178  Adverse event FCM = 2/174 Oral iron = 4/178	Hb responders (≥120 g/L at any time) FCM = 153/169 Oral iron = 115/168  Increase in Hb ≥20 g/L at any time FCM = 163/169 Oral iron = 158/168  Mean Hb change week 6 FCM = 44 g/L Oral iron = 33 g/L	Mean ferritin change (week 6) FCM = 210 µg/L Oral iron = 10 µg/L  Mean TSAT change (week 6) FCM = 29% Oral iron = 14%	Death FCM = 1/174 (peripartum cardiomyopathy) Oral iron = 0/178  Serious adverse events FCM = 1/174 Oral iron = 1/178

**Gastrointestinal cause of anaemia**

VIT-IV-CL-03 [56]	Open, uncontrolled cohort study Patients with Hb $\leq$ 110 g/L with stable disease	All cause C1 - 6/20 C2 - 7/26  Adverse event or intercurrent illness C1 - 4/20 C2 - 2/26	Hypersensitivity to therapies Blood transfusion or iv iron within 4 weeks Serum ferritin $>$ 500 $\mu$ g/L and serum TIS $>$ 45%. Other types of anaemia or untreated B12 or folate deficiency Iron storage disorder Treatment with investigational drug within 4 weeks Other serious illness	Cohort 1: 500 mg (last dose lower depending on Fe requirement) as IV infusion weekly for up to 4 weeks  Cohort 2: 1000 mg (last dose lower depending on Fe requirement) as IV infusion weekly for up to 2 weeks  as determined by total iron requirement	46 patients in the two cohorts		Treatment phase 4 or 2 weeks Follow up 2 and 4 weeks after last dose	Age - mean 45 years (range 20-61) Women - 78% Caucasian - 100%  Baseline Hb - mean 87 g/L Ferritin - mean 4 $\mu$ g/L TSAT - mean 23%	Not applicable. Cohort 2 begun only when cohort 1 completed	All cause C1 - 6/20 C2 - 7/26  Adverse event or intercurrent illness C1 - 4/20 C2 - 2/26	Increase of $\geq$ 20 g/L C1 - 15 at 4 week follow up C2 - 18 at 4 week follow up  Mean Hb change C1 - 39 g/L (week 4) C2 - 17 g/L (week 2)  Post treatment - 4 weeks after last dose C1 - 120 g/L C2 - 121 g/L  "Normal" Hb ( $\geq$ 140 g/L men, $\geq$ 120 g/L women) C1 - 15/20 C2 - 19/26	Mean ferritin change C1 = 144 $\mu$ g/L (week 4) C2 = 401 $\mu$ g/L (week 2)  Mean ferritin change (4 week follow up) C1 = 57 $\mu$ g/L (week 4) C2 = 95 $\mu$ g/L (week 2)	At least 1 adverse event C1 - 11/20 C2 - 13/26  Deaths C1 - 0/20 C2 - 0/26  Serious AE C1 - 0/20 C2 - 0/26  No reports of hypotension
VIT-IV-CL-008 [57] Kulnigg et al. Am J Gastroenterol 2008 24:1507-1523 [58]	Open-label, multicenter, randomized, active-control, parallel group study Patients with iron deficiency anaemia secondary to chronic inflammatory bowel disease Stratification by sex and country	Adults aged 18-80 years Anaemia secondary to inflammatory bowel disease (Crohn's disease or ulcerative colitis) Hb $\leq$ 110 g/L (mean of two values on different days), AND serum ferritin $<$ 100 $\mu$ g/L, OR TSAT $<$ 20% iron requirement at least 1,000 mg	Hypersensitivity to therapies Blood transfusion within 4 weeks, EPO within 8 weeks Other types of anaemia or untreated B12 or folate deficiency Treatment with investigational drug within 4 weeks Iron storage disorder Other serious illness	FCM was given as an IV infusion to deliver a maximum of 1,000 mg iron per infusion. Infusions were given on day 1 and weekly until individual iron requirement reached or maximum 3 doses given. Oral ferrous sulphate (Fe 100 mg) capsules were taken twice daily (daily dose 200 mg iron) for 12 weeks	200 randomised and received at least one dose (safety analysis) 196 provided efficacy data (ITT population) 160 in per protocol population	Hb change from baseline to week 12 Number achieving target levels of Hb (135-180 g/L men, 120-160 g/L women), ferritin (100-800 $\mu$ g/L), and TSAT (20-50%) Number with Hb increase of $>$ 20 g/L	12 weeks	Age - mean 43 years (range 19-78) Women - 61% Caucasian - 99% Mean iron deficiency 1,448 mg (range 937-2102 mg)  Baseline Hb - mean 87 g/L (range 50-115 g/L) Ferritin - mean 16 $\mu$ g/L (range 1-383 $\mu$ g/L) TSAT - mean 8% (range 1-64%)	Randomisation = 2 Double blind = 0 Withdrawals = 1 Total = 3/5	All cause FCM = 12/137 Oral iron = 11/63  Adverse event FCM = 3/137 Oral iron = 4/63  Lack of efficacy (EPO, transfusion) FCM = 2/137 Oral iron = 0/63	PP data  Mean Hb change (week 12) FCM = 38 $\pm$ 20 g/L (111) Oral iron = 38 $\pm$ 20 g/L (49)  Normal Hb week 12 (135-180 men, 120-160 women) FCM = 57/111 Oral iron = 23/49  HB increase $\geq$ 20 g/L (week 12) FCM = 90/111 Oral iron = 40/49	PP data  Mean ferritin change (week 12) FCM = 72 $\pm$ 100 $\mu$ g/L Oral iron = 20 $\pm$ 60 $\mu$ g/L  Ferritin 100-800 $\mu$ g/L (week 12) FCM = 32/111 Oral iron = 2/49  Mean TSAT change (week 12) FCM = 18 $\pm$ 18% Oral iron = 21 $\pm$ 25%  TSAT 20-50% (week 12) FCM = 48/111 Oral iron = 23/49	At least 1 adverse event FCM = 78/137 Oral iron = 27/63  Deaths FCM = 1/137 (cardiac arrest) Oral iron = 0/63  Serious AE FCM = 9/137 Oral iron = 0/63  No reports of hypotension
Estatiev et al. Gastroenterology 2011, Epub June 12 [43]	Randomised, open comparison between IV FCM with IV iron sucrose (Venofer) with outcomes measured after 12 weeks randomisation by computer generated code	Adults $\geq$ 18 years with iron deficiency anaemia (Hb 70-120 g/L (women) or 70-130 g/L (men)) and with mild to moderate inflammatory bowel disease (Crohn's disease or ulcerative colitis), and normal levels of vitamin B12 and folic acid	Patients with IV or oral iron treatment in preceding 4 weeks, or EPO treatment. Other exclusions were chronic alcohol abuse, liver disease, or increased transaminases, surgery with blood loss, plus other sensible exclusions	FCM (1000 mg or 500 mg iron, depending on weight) given as IV infusion to maximum of 1,000 mg iron per infusion Infusions on Day 1, and, if needed days 8 and 15 to achieve individual iron requirement Iron sucrose was given in up to 11 infusions of 200 mg iron over 30 minutes, twice weekly	485 randomised and 483 received at least one dose  FCM 244 Iron sucrose 239	Primary endpoint was Hb increase $\geq$ 20g/L at 12 weeks Normalisation of Hb (120 or 130 g/L) TSAT 20-50% Ferritin $\geq$ 100 $\mu$ g/L SF-36 QoL measures	12 weeks	Age - Median 39 years (range 18-81) Women- 58%  Baseline Mean Hb - 102 g/L Mean TSAT - 9.3% Mean ferritin - 16.3 $\mu$ g/L	Randomisation = 2 Double blind = 0 Withdrawals = 1 Total = 3/5	All cause FCM = 22/244 IS = 26/239  Adverse event FCM = 8/244 IS = 8/239  Lack of efficacy FCM = 0/244 IS = 7/239	ITT data  Hb increase $\geq$ 20 g/L FCM = 150/240 IS = 115/235  Hb increase $\geq$ 20 g/L or normal Hb FCM = 191/240 IS = 167/235  Normal Hb FCM = 166/240 IS = 136/235	ITT data  TSAT 20-50% FCM = 117/240 IS = 76/235  Ferritin $\geq$ 100 $\mu$ g/L FCM = 96/240 IS = 60/235	At least 1 adverse event FCM = 34/244 IS = 37/239  Serious AE FCM = 1/244 IS = 0/239  Deaths FCM = 0/244 IS = 0/239

# Iron deficiency anaemia of mixed origin

1VIT05006 [59] Baile et al. Hemodialysis International 2010 14: 47-54 [35]	Randomised, double blind crossover comparison of IV FCM with IV placebo over 7 days for AE only Patients with iron deficiency from any cause Randomisation stratified by condition and centre	Adults ≥18 years Hb ≤120 g/L, TSAT ≤25%, and ferritin ≤300 µg/L (CKD, IBD), or ≤100 µg/L in other conditions	Hypersensitivity to therapies Previously received FCM Parenteral iron within previous 4 weeks Fe storage disorders Other serious illness Current treatment for brochospasm	Blinded FCM or placebo, maximum 1,000 mg iron, IV over 15 minutes on day 0, with alternate on day 7 Total dose of iron received: FCM = 944 ± 155 mg (median 1000) Placebo = 0	598 randomised 582 randomised and received at least one dose 12 patients enrolled in pharmacokinetic study also enrolled in safety population (though that was open), making 594 559 of these had both doses	No Hb measures	one week in each crossover arm	Randomisation = 2 Double blind = 2 Withdrawals = 1 Total = 5/5	All cause FCM = 14/592 Placebo = 12/592  Adverse event FCM = 1/592 Placebo = 2/592  Lack of efficacy (EPO, transfusion) FCM = 0/592 Placebo = 1/592	No data	No data	At least 1 adverse event FCM = 164/559 Placebo = 110/559  Deaths FCM = 1/559 (Aeromonas pneumonia) Placebo = 0/559  Serious AE FCM = 2/559 Placebo = 4/559
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CARS 1 [60]	Randomised, double blind, parallel, placebo and active controlled trial Patients with CHF, renal failure, and inflammatory bowel disease	Adults ≥18 years	None given	IV FCM or Venofer to calculated iron deficit with weekly 200 mg doses of iron, then 200 mg every 4 weeks, or placebo IV  Total dose of iron received: FCM = 1103 ± 279 mg (median 1100) Venofer = 1167 ± 315 mg (median 1200) Placebo = 0	72 patients enrolled  FCM = 30 Venofer = 27 Placebo = 15	Change in Hb, ferritin, TSAT	12 weeks	Mean age about 70 years Women - about 64% Caucasian - 100%  Baseline Hb = 123 g/L Ferritin - range of means 17-77 µg/L TSAT - range of means 16-19%	Randomisation = 2 Double blind = 2 Withdrawals = 1 Total = 5/5	All cause FCM = 0/30 Venofer = 3/27 Placebo = 2/15	Mean Hb change by week 12 FCM = 8.0 ± 12 g/L Venofer 9.0 ± 11 g/L Placebo = -3 ± 18 g/L	Mean ferritin change by week 12 FCM = 254 ± 145 µg/L Venofer 230 ± 119 µg/L Placebo = 0 ± 82 µg/L  Mean TSAT change by week 12 FCM = 8.7 ± 13% Venofer 8.5 ± 5.6% Placebo = -2.3 ±12%	At least 1 adverse event FCM = 15/30 Venofer = 12/27 Placebo = 10/15  Death FCM = 0/30 Venofer = 1/27 (cardiac failure) Placebo = 0/15  Serious AE FCM = 3/30 Venofer = 5/27 Placebo = 2/15
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# Heart failure

Anker et al. NEJM 2009 361: 2436-48 [42]	Randomised, multicentre, double blind, parallel group placebo comparison in patients with heart failure and iron deficiency Stratified by country	Ambulatory CHF patients NYHA class II or III LVEF≤40% (II) or 45% (III) Ferritin ≤100 µg/L or 100-300 when TSAT ≤20% Hb 95-135 g/L	Anaemia other than iron deficiency Active infections AST >3 ULN History of transfusion, EPO, or parenteral iron in last 3 months Unstable angina Major cardiovascular intervention within 3 months	Dosing required for iron repletion calculated at baseline Intravenous bolus of 200 mg iron (4 mL) weekly until iron replete then saline every 4 weeks, but active treatment again if Fe status deteriorated or (placebo group) saline at same intervals as active treatment, until week 24 If Hb fell to <90 g/L during study, other management of anaemia as decided by investigator	459 patients randomised and drug administered  FCM = 304 Placebo = 155	Patient Global Assessment, and NYHA functional class at week 24 Measurements of Hb, ferritin, and TSAT, and week 24 results reported according to initial Hb level	24 weeks	Mean age 67 years Women - 53% Hypertension - 81%  Baseline Hb - mean 119 g/L Ferritin - mean 55 µg/L TSAT - mean 17%	Randomisation = 2 Double blind = 2 Withdrawals = 1 Total = 5/5	All cause FCM = 26/304 Placebo = 20/155	Final Hb Mean Hb at 24 weeks when initial baseline Hb ≤120 g/L FCM = 127 g/L Placebo = 118 g/L  Final Hb Mean Hb at 24 weeks when initial baseline Hb >120 g/L FCM = 133 g/L Placebo = 132 g/L	Final ferritin when initial Mean ferritin at 24 weeks when baseline Hb ≤120 g/L FCM = 275 µg/L Placebo = 68 µg/L  Final ferritin when initial Mean ferritin at 24 weeks when baseline Hb >120 g/L FCM = 349 µg/L Placebo = 80 µg/L  Final TSAT when initial Mean TSAT at 24 weeks when baseline Hb ≤120 g/L FCM = 29% Placebo = 17%  Final TSAT when initial Mean TSAT at 24 weeks when baseline Hb >120 g/L FCM = 30% Placebo = 22%	Death FCM = 5/304 (4 cardiovascular causes) Placebo = 4/155 (cardiovascular causes)
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